Preface

Due to increasing concerns about the Academy of Nutrition and Dietetics’ corporate sponsorships, many dietitians have resigned, or are thinking of resigning, their memberships.

Many dietitians have told us that although they do not agree with AND’s corporate sponsorships, the sole reason why they keep paying annual dues is so they can have access to useful and relevant professional resources.

Our hope is that this document can provide helpful information about professional resources to dietitians who have chosen to not pay the Academy annual membership dues as a means to protest the current sponsorship model, and also show dietitians who are on the fence about continuing their memberships that there are plenty of resources at their disposal that do not require an AND membership.

We understand that this is a highly personal decision, and we encourage each dietitian to choose what is best for them. If you believe you can be a proactive force of change from the inside, we encourage you to remain a member. If staying on as a member does not feel right for you, it is important that you stay true to that.

NOTE: Listed resources have been vetted by DFPI’s Core Group members as providing science-based messaging, useful information for dietitians, and being absent of problematic corporate ties as of the publication date listed at the bottom of each page. Listed resources are subject to removal at any time if concerns arise relating to transparency or problematic messaging.

DFPI has not received financial compensation from any listed resource.

To suggest a resource for future inclusion, please email us: integritydietitians@gmail.com

Website: http://integritydietitians.org/
Email: integritydietitians@gmail.com
Facebook: facebook.com/DietitiansForProfessionalIntegrity
Twitter: twitter.com/integrityRDs
Staying in Touch with the Dietetic Community

Listservs & Forums

Bariatric Nutrition Dietitians

Gastrointestinal Dietitians Forum

Health at Every Size® (HAES®) RDs

The Integrative and Functional Nutrition (IFN) Academy (request access at email info@IFNAcademy.com)

LEAP (Lifestyle Eating and Performance) RDs

Metabolic Dietitians

NICU Net

Pedi-RD (Pediatric)

RDIFM (Integrative & Functional Medicine), request access at RDIFM_forum@yahoogroups.com

Registered Dietitians USA (RD-USA)

RenalRD

DFPI Resources

Facebook page:
https://www.facebook.com/DietitiansForProfessionalIntegrity

Conflict-free CEUs:
http://www.integritydietitians.org/resources/conflict-free-ceus

Like-minded organizations:
http://www.integritydietitians.org/resources/like-minded-organizations
Continuing Education Opportunities

CDR's database of approved CEU programs

Center for Mind Body Medicine Food As Medicine conference

Center for Mindful Eating

Diabetes Education Services

Dietitian Central

Next Level Functional Nutrition

Helm Publishing

Institute for Functional Medicine

Integrative & Functional Nutrition Academy

International Association of Culinary Professionals

International Vegetarian Union

Nutrition Dimension

MRT/LEAP Training

PESI

Plant-Based Nutrition Healthcare Conference

Plant-Based Nutrition online certificate program (via eCornell)

Plant-Based Prevention of Disease Conference

Skelly Online Courses

Wolfe-Rinke Associates
Database & References

Cochrane Database

Geriatrics Care Online

National Sleep Foundation

Natural Medicines (formerly Natural Standard and Natural Medicines Comprehensive Database)

Natural Medicine Database

NutritionFacts.org

PubMed Dietary Supplement Subset (National Institutes of Health (NIH) Office of Dietary Supplements)

P450 Drug Interaction Table (Indiana University Department of Medicine)

Counseling Skills

Ellen Glovsky  
Am I Hungry? (Mindful Eating Training and Programs)

Ellyn Satter  
Institute for the Psychology of Eating

Intuitive Eating

Molly Kellogg
Insurance, Billing, Credentialing, & HIPPA Resources

Office Ally (insurance billing clearing house)
One Health Port Provider Source (credentialing)
CAQH (credentialing)
Avality (insurance verification)
HIPPA regulations resource

Entrepreneurial & Small Business Support

MEG Enterprises
Amy Soward
SBA: The Small Business Administration
SCORE Association
Jump Start Consulting, LLC
Lesli Bitel

Charting and Office Systems

Fruit Street
Greenpie.net
Kalix
MNT Assistant
Nutrihand
Office Ally
Practice Fusion

Labwork & Diagnostic Tools

Spectracell
Pharmasan
Ubiome
23 & Me
NutrEval Advanced Nutrient Testing
DiagnosTechs
Direct Labs
Lab Tests Online
Iggbo
ZRT Laboratory

Liability Insurance

CM & F Group, Inc
Mercer Consumers - Proliability
HSPO
Insureon
Professional Liability for Allied Health Professionals
Apps

**Ascend** ("helps you set a daily calorie budget, track your food and exercise, and stay motivated to make smarter choices and achieve your goal")

**Crono Meter** ("a free web application for tracking your nutrition & health data. Log your diet, exercise, biometrics, and notes")

**Fat Secret** ("solution for monitoring and supporting health and wellness clients")

**FitDay** ("free diet and weight loss journal")

**Fooducate** (a comprehensive tracking tool that includes a bar code scanner for more accurate calorie tracking and nutrition information)

**Lose It** (tool that helps you set goals for weight loss, exercise, macronutrient intake, blood pressure, sleep, and more and includes peer support to keep you motivated and successful)

**Meal Logger** ("the MealLogger photo food journal helps your clients eat more mindfully, and using MealLogger Pro’s client management technology, your clients receive your guidance directly via mobile app or online")

**My Fitness Pal** (calorie-counting app)

**mySymptoms** ("lets you record, track, analyze, and print a report of your diet and symptoms")

**Recovery Record** ("for managing journey to recovery from eating disorders including anorexia nervosa, bulimia nervosa, obsessive eating disorder, binge eating disorder and compulsive eating disorder.")

**Spark People** (easily track food and calories on the go, log your fitness and watch exercise demos, get healthful articles, videos and recipes)