



DIETITIAN RESOURCES FOR NON-AND MEMBERS

June 2016

A DFPI Toolkit

Preface

Due to increasing concerns about the Academy of Nutrition and Dietetics' corporate sponsorships, many dietitians have resigned, or are thinking of resigning, their memberships.

Many dietitians have told us that although they do not agree with AND's corporate sponsorships, the sole reason why they keep paying annual dues is so they can have access to useful and relevant professional resources.

Our hope is that this document can provide helpful information about professional resources to dietitians who have chosen to not pay the Academy annual membership dues as a means to protest the current sponsorship model, and also show dietitians who are on the fence about continuing their memberships that there are plenty of resources at their disposal that do not require an AND membership.

We understand that this is a highly personal decision, and we encourage each dietitian to choose what is best for them. If you believe you can be a proactive force of change from the inside, we encourage you to remain a member. If staying on as a member does not feel right for you, it is important that you stay true to that.

NOTE: Listed resources have been vetted by DFPI's Core Group members as providing science-based messaging, useful information for dietitians, and being absent of problematic corporate ties as of the publication date listed at the bottom of each page. Listed resources are subject to removal at any time if concerns arise relating to transparency or problematic messaging.

DFPI has not received financial compensation from any listed resource.

To suggest a resource for future inclusion, please email us: integritydietitians@gmail.com

Website: <http://integritydietitians.org/>

Email: integritydietitians@gmail.com

Facebook: [facebook.com/DietitiansForProfessionalIntegrity](https://www.facebook.com/DietitiansForProfessionalIntegrity)

Twitter: twitter.com/integrityRDs

Staying in Touch with the Dietetic Community

Listservs & Forums

[Bariatric Nutrition Dietitians](#)

[Gastrointestinal Dietitians Forum](#)

[Health at Every Size® \(HAES®\) RDs](#)

The Integrative and Functional Nutrition (IFN) Academy
(request access at email info@IFNAcademy.com)

[LEAP \(Lifestyle Eating and Performance\) RDs](#)

[Metabolic Dietitians](#)

[NICU Net](#)

[Pedi-RD \(Pediatric\)](#)

RDIFM (Integrative & Functional Medicine), request access at
RDIFM_forum@yahoo.com

[Registered Dietitians USA \(RD-USA\)](#)

[RenalRD](#)

DFPI Resources

Facebook page:

<https://www.facebook.com/DietitiansForProfessionalIntegrity>

Conflict-free CEUs:

<http://www.integritydietitians.org/resources/conflict-free-ceus>

Like-minded organizations:

<http://www.integritydietitians.org/resources/like-minded-organizations>

Continuing Education Opportunities

[CDR's database of approved CEU programs](#)

[Center for Mind Body Medicine Food As Medicine conference](#)

[Center for Mindful Eating](#)

[Diabetes Education Services](#)

[Dietitian Central](#)

[Next Level Functional Nutrition](#)

[Helm Publishing](#)

[Institute for Functional Medicine](#)

[Integrative & Functional Nutrition Academy](#)

[International Association of Culinary Professionals](#)

[International Vegetarian Union](#)

[Nutrition Dimension](#)

[MRT /LEAP Training](#)

[PESI](#)

[Plant-Based Nutrition Healthcare Conference](#)

[Plant-Based Nutrition online certificate program \(via eCornell\)](#)

[Plant-Based Prevention of Disease Conference](#)

[Skelly Online Courses](#)

[Wolfe-Rinke Associates](#)

Database & References

[Cochrane Database](#)

[Geriatrics Care Online](#)

[National Sleep Foundation](#)

[Natural Medicines](#) (formerly Natural Standard and Natural Medicines Comprehensive Database)

[Natural Medicine Database](#)

[NutritionFacts.org](#)

[PubMed Dietary Supplement Subset](#) (National Institutes of Health (NIH) Office of Dietary Supplements)

[P450 Drug Interaction Table](#) (Indiana University Department of Medicine)

Counseling Skills

[Ellen Glovsky](#)

[Am I Hungry?](#) (Mindful Eating Training and Programs)

[Ellyn Satter](#)

[Institute for the Psychology of Eating](#)

[Intuitive Eating](#)

[Molly Kellogg](#)

Practice Tools and Resources

Insurance, Billing, Credentialing, & HIPPA Resources

[Office Ally](#) (insurance billing clearing house)

[One Health Port Provider Source](#)

(credentialing)

[CAQH](#) (credentialing)

[Avality](#) (insurance verification)

[HIPPA regulations resource](#)

Entrepreneurial & Small Business Support

[MEG Enterprises](#)

[Amy Soward](#)

[SBA: The Small Business Administration](#)

[SCORE Association](#)

[Jump Start Consulting, LLC](#)

[Lesli Bitel](#)

Labwork & Diagnostic Tools

[Spectracell](#)

[Pharmasan](#)

[Ubiome](#)

[23 & Me](#)

[NutrEval Advanced Nutrient Testing](#)

[DiagnosTechs](#)

[DirectLabs](#)

[Lab Tests Online](#)

[Iggbo](#)

[ZRT Laboratory](#)

Charting and Office Systems

[Fruit Street](#)

[Greenpie.net](#)

[Kalix](#)

[MNT Assistant](#)

[Nutrihand](#)

[Office Ally](#)

[Practice Fusion](#)

Liability Insurance

[CM & F Group, Inc](#)

[Mercer Consumers - Proliability](#)

[HSPO](#)

[Insureon](#)

[Professional Liability for Allied Health Professionals](#)

Apps

Ascend (“helps you set a daily calorie budget, track your food and exercise, and stay motivated to make smarter choices and achieve your goal”)

Crono Meter (“a free web application for tracking your nutrition & health data. Log your diet, exercise, biometrics, and notes”)

Fat Secret (“solution for monitoring and supporting health and wellness clients”)

FitDay (“free diet and weight loss journal”)

Fooducate (a comprehensive tracking tool that includes a bar code scanner for more accurate calorie tracking and nutrition information)

Lose It (tool that helps you set goals for weight loss, exercise, macronutrient intake, blood pressure, sleep, and more and includes peer support to keep you motivated and successful)

Meal Logger (“the MealLogger photo food journal helps your clients eat more mindfully, and using MealLogger Pro's client management technology, your clients receive your guidance directly via mobile app or online”)

My Fitness Pal (calorie-counting app)

mySymptoms (“lets you record, track, analyze, and print a report of your diet and symptoms”)

Recovery Record (“for managing journey to recovery from eating disorders including anorexia nervosa, bulimia nervosa, obsessive eating disorder, binge eating disorder and compulsive eating disorder.”)

Spark People (easily track food and calories on the go, log your fitness and watch exercise demos, get healthful articles, videos and recipes)